

Important Tips For Preventing Covid-19

International Exchange Center Faculty of Engineering

1. Winter in Yamagata

It is colder than Tokyo and it snows a lot in Yonezawa.

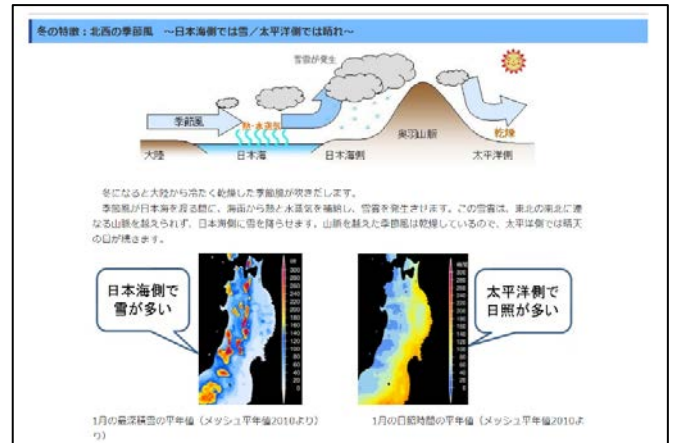
Temperatures in Yamagata 1981-2010

	TEMP (°C)	HIGH (°C)	LOW (°C)	SNOW (cm)
November	6.8	11.9	2.6	13
December	1.9	5.7	-1.4	125
January	-0.9	2.4	-4.3	266
February	-0.6	3.1	-4.3	212
March	2.5	7.1	-1.7	98

Winter in Japan is dry.

→ Sneezing and coughing travels farther making it easier to get infected.

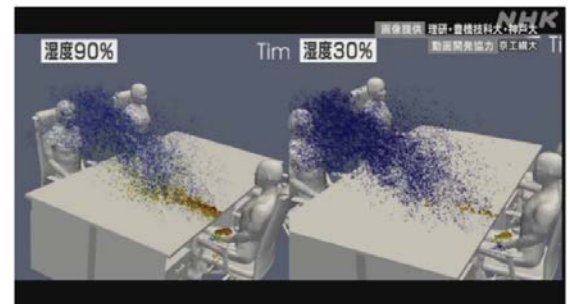
Humidification and ventilation are important.



Winter weather

Sendai Regional Headquarters, JMA

http://www.jma-net.go.jp/sendai/wadai/touhokukikou/kikou_Huyu.html



新型コロナウイルス 空気乾燥で拡散拡大 スパコン富岳が予測

NHK news

<https://www3.nhk.or.jp/news/html/20201013/k10012661241000.html>

2. Information from the university about covid-19

Check out WebClass and the Faculty of Engineering website!

3. Current situation at Yamagata University: Activity Guideline Level 1

[Things to be aware of]

- ① Try to avoid the three Cs at all times. 「Confined Spaces」 「Crowded Places」 「Close Contact」
- ② Be careful at circle/club activities and part-time jobs.
- ③ Do not go to restaurants, karaoke, live houses, etc.
- ④ Do not go to places with a lot of people, such as parties or areas where there are many people in a confined space.
- ⑤ Be sure to wear a mask when taking trains, buses, etc., or when talking to people. Do not forget to disinfect your hands.
- ⑥ Install the new coronavirus contact confirmation app (COCOA).
- ⑦ Take your temperature every day to manage your physical condition.

4. Increased university activity guidelines to Level 2 from January

Online classes

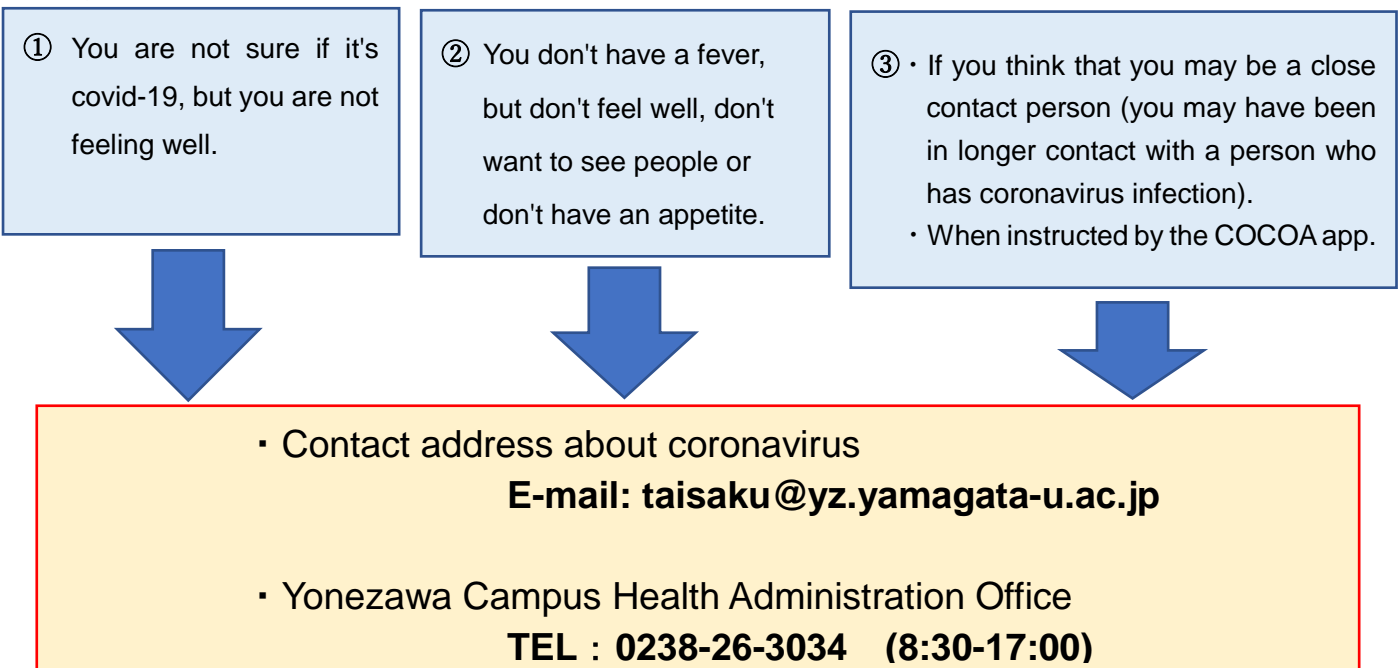
Students who may come to the university:

- ① Students who have graduation research or in person classes for special research. Please follow the instructions of the professors in your department or major.
- ② If you don't have internet at home, you can come to the university and take online classes there.
- ③ Students who want to use the library. (However, you cannot study there. Opening Hours: 8:45-17:00)
- ④ Students who need administrative procedures. Please contact us in advance.

Student Support Division TEL: 0238-26-3017

- ⑤ Students who are TA, RA or AA, please follow the professor's instructions.

5. If you feel sick



6. When you are absent from class because you may have the new coronavirus

- ① Download the "欠席届" from WebClass or the coronavirus webpage as follows:
<https://www.yz.yamagata-u.ac.jp/covid19/card/>
- ② Submit to the professor in charge of that class and the Educational Support Division as follows:
koukyou@jm.kj.yamagata-u.ac.jp.

7. Consultation institutions outside of Yamagata University

- ① Association for International Relations in Yamagata (AIRY) URL: <https://www.airyamagata.org>
• Consultation desk for foreigners TEL : 023-646-8861
Available in Japanese, English, Chinese and Vietnamese. Line and Facebook are also available.
- ② Yonezawa City International Relations Association URL: <https://www.yira-yonezawa.org/life.html>
Contact for foreigners (English • Chinese) : 090-2849-9145 E-mail: yira@omn.ne.jp